

Carer Support Carlisle & Eden Young Carer Volunteer



Organisation Description:

Carer Support Carlisle & Eden is a local charitable organisation that provides information, support and social opportunities for unpaid Carers throughout Carlisle and Eden, including Young Carers. Young Carers are children and young people aged between 5-18 who have responsibilities for the care of a person who is ill, frail, disabled, or has mental health or substance misuse problems. Caring tasks can range from general household chores to full personal care.

Role Description:

We need Volunteers to help us to provide activities to enhance the lives of Young Carers in Carlisle and Eden and provide a fun break from their caring role. Volunteers receive support from the organisation's Volunteer Coordinator.

Key tasks will include:

1. Assist in the planning and preparation of groups and activities.
2. Help in preparation of venue and activities.
3. Liaise with Carer Support Carlisle & Eden staff re. specific duties for the session/activity/trip.
4. Help support Young Carers staff to ensure all Young Carers are safe and looked after during activities/trips.

When Required:

Volunteers will have the opportunity to assist with day activities and events during school holidays and help with 'Pizza Club' 3.30-5pm on the last Monday of the month (Penrith) or at our Carlisle Youth Zone Young Carer sessions on Wednesday from 4-5:30pm (Carlisle).

Locations: Penrith Quaker Meeting Rooms, Carlisle Youth Zone and other various locations throughout Carlisle and Eden, and sometimes further afield for trips and visits.

Areas of Interest:

Children, Youth, Social Care, Education

Types of Activity:

Days Out, Outdoor Activities, Pizza Club



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Skills and Qualifications:

No experience is necessary and support and training will be provided. We are looking for people with a positive attitude, show initiative and who want to make a difference in their community and are enthusiastic and enjoy working with young people.

Additional Information:

Equal Opportunities Policy:	yes
Expenses paid:	yes
Induction:	yes
Insurance Cover:	yes
Support on offer:	yes
Training:	yes

Recruitment Method:

Application Form, DBS Check, Informal Discussion, References, Trial Period

Contact Information:

If you would like more information on becoming a Young Carer Volunteer please contact:

enquiries@carlisle-eden-carers.org.uk

Penrith Office - 01768 890280

The Office
Mardale Road
Penrith
CA11 9EH

Carlisle Office - 01228 580214

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Carlisle
CA4 8PA



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